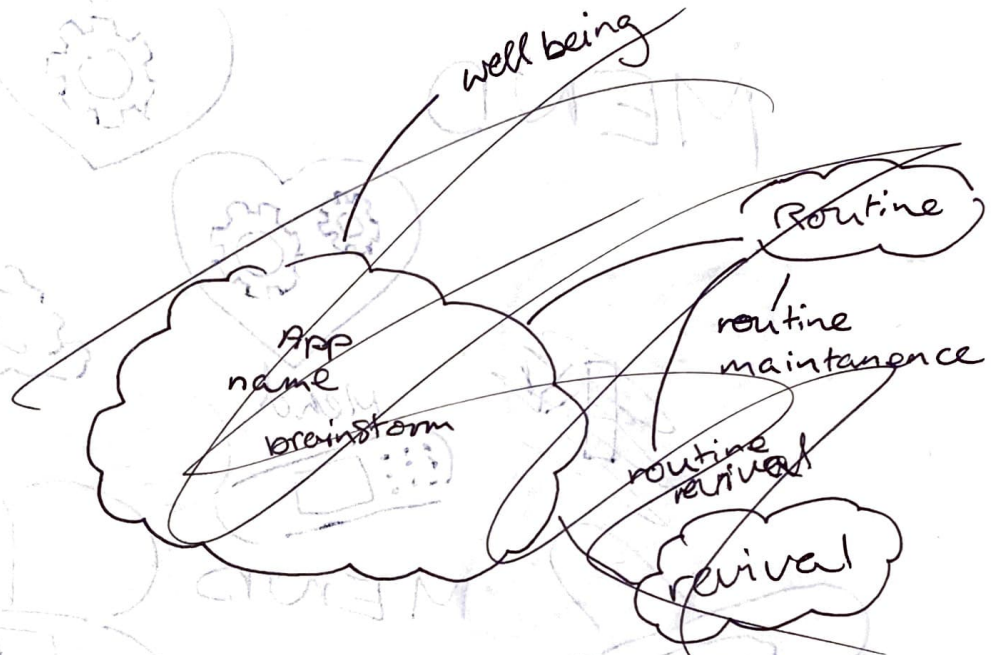
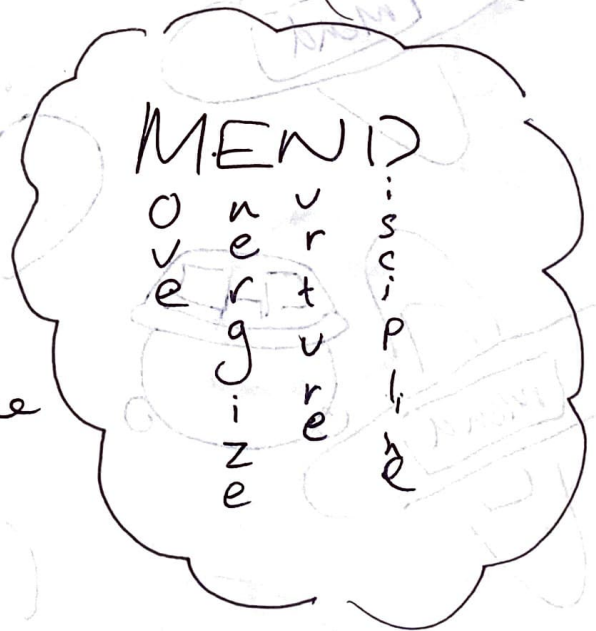


# HEALTHCARE WELLBEING APP NAME IDEAS

- Routine Maintenance
- Maintain
- Wellness
- Health Hoppers
- Keep Going
- Carry On
- Follow Through
- Mental Mending
- Mend
- Recover
- Preserve

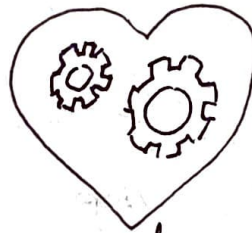
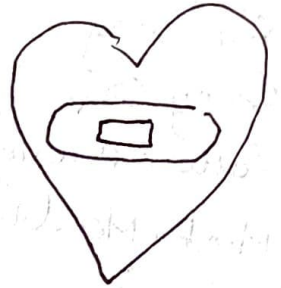
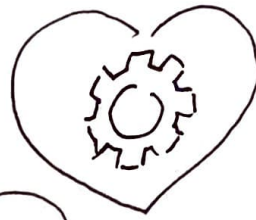


- renewal
- revival
- revive
- restore
- routine restore
- routine maintenance
- routine healing
- revitalise
- habit healer
- routine healer
- Habitual
- persistence
- Sustained



Mend

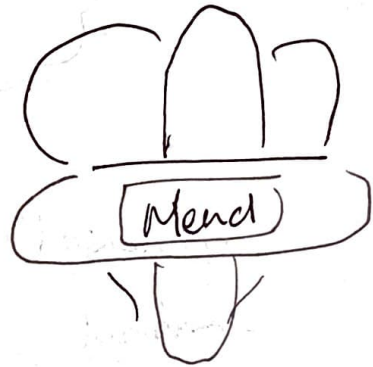
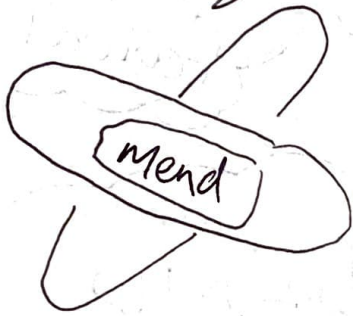
MEND



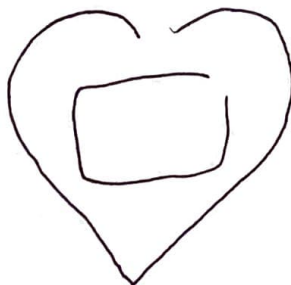
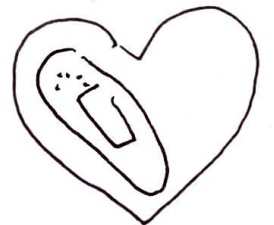
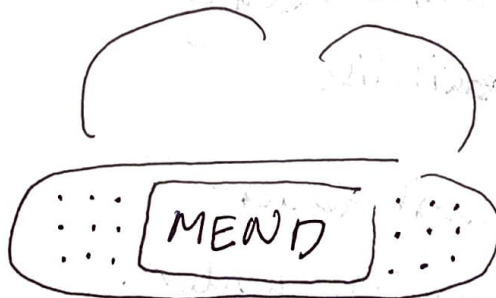
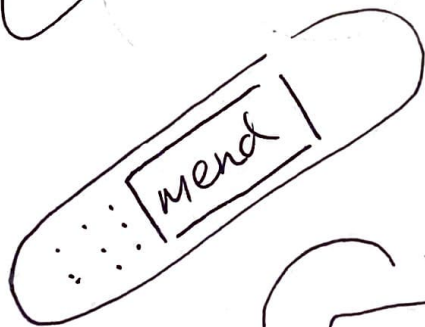
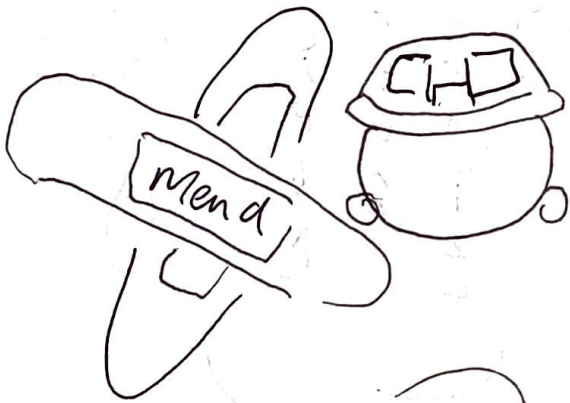
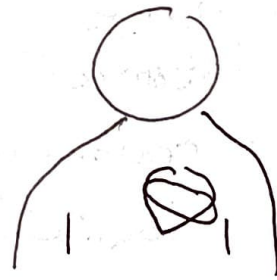
Mend

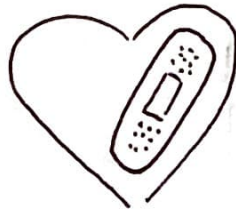


MEND



Mend





Mend m



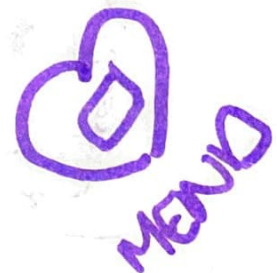
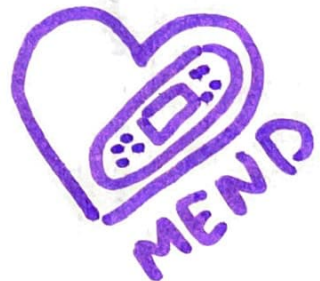
Mend



MEND



Mend





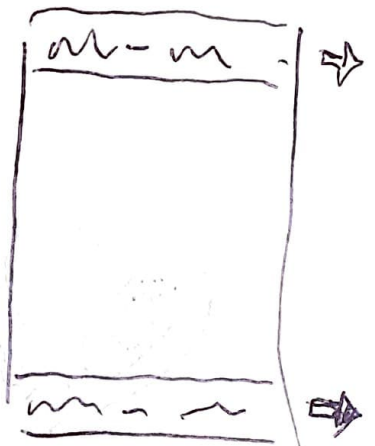
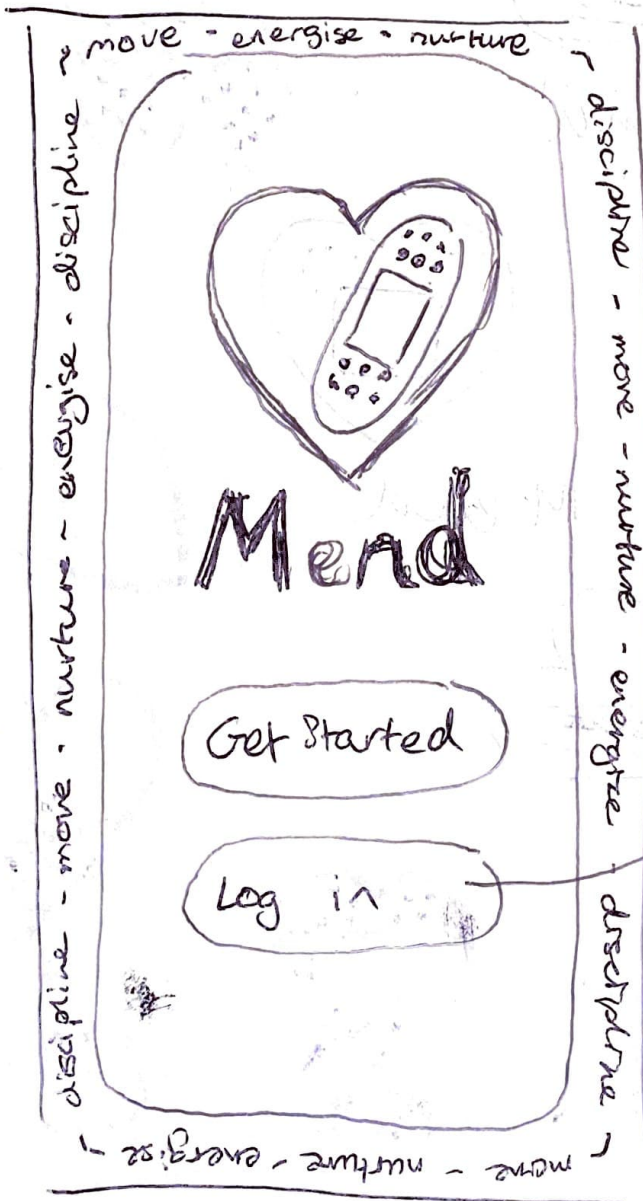
Starting to consider onboarding



for new users

for users that have a mend account already

I'm considering the idea of this product also being accessible on web browsers and as installable software on laptops.



what if the buttons were plasters?



text might end up being too small



important note  
Typefaces I have chosen are

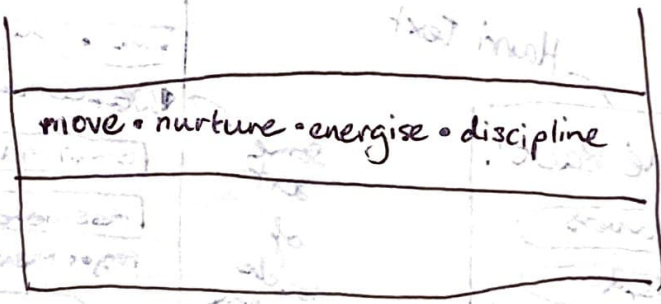
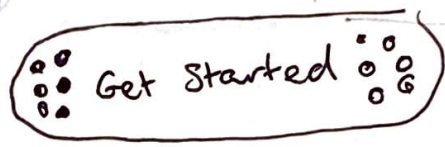
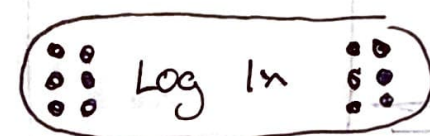
Aglet Sans for body copy and buttons maybe

Harri Text for logo & headers also some buttons.

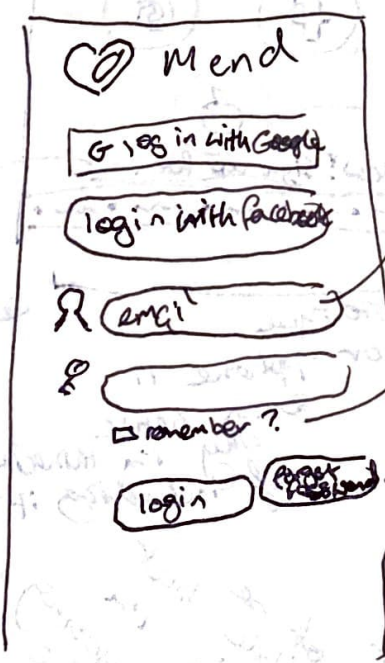
not plasters exactly but kind of abstraction of a plaster that could work quite well :-)



Some sort of ~~bandage~~ animation on the heart would be nice



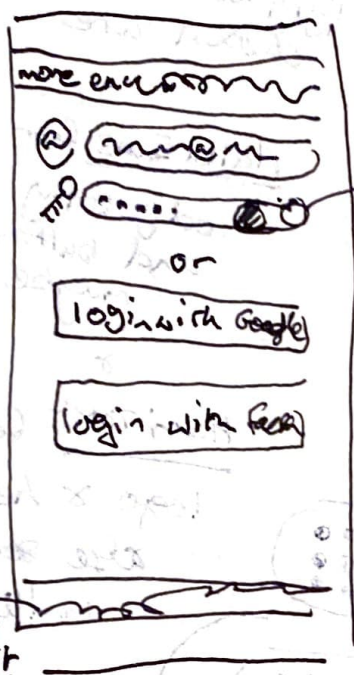
Returning User Login



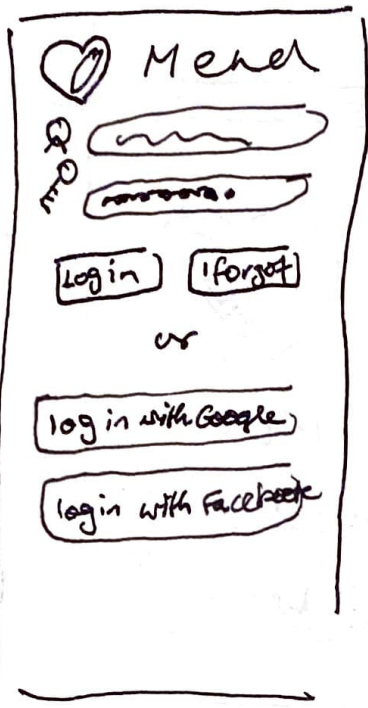
idk I think this would be a cool interaction somewhere, maybe not for password.



still log in

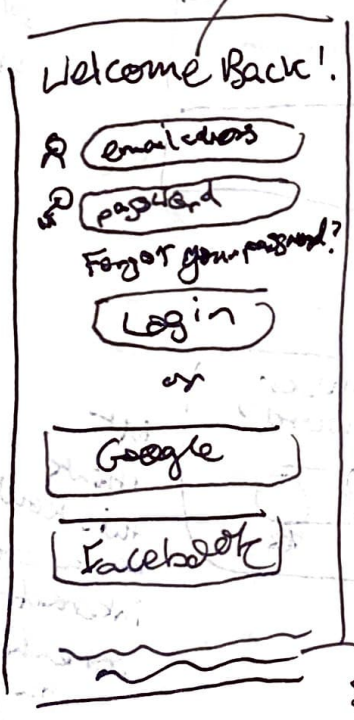


I think this could be something

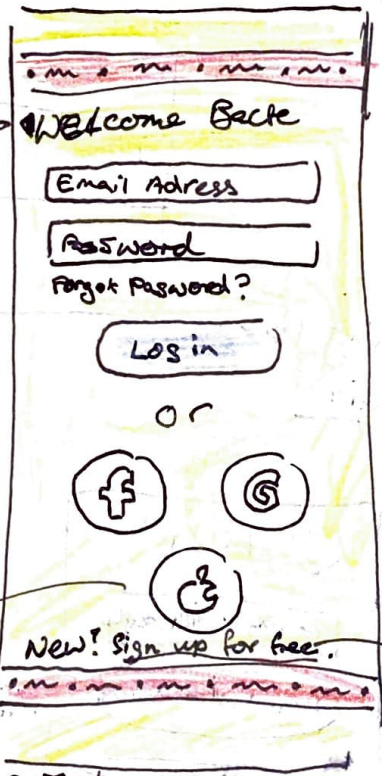


how I'm not ~~logged~~ ~~out~~ ~~again~~

Harri Text



some sort of back button



apple option only on phone but I'm doing my prototype

links to sign up screen or car started for free

some sort of copyright or disclaimer to make it professional looking

or iPhone screen hence why I'm thinking of including it



I think icons could work a lot better but might not be as accessible but then again I'm targeting young adults who would know unless they were in a cult or something



New user

I'm designing for iPhone 11 size screen but on smaller screen these would come off maybe.

Keeping these new banners going through the onboarding so users are reminded of what their getting into.

It would be cool for it to let you know how strong your password is

Smaller type than log in

Can't really go wrong with this I think.

I don't want to spend too much time thinking about a screen like this that is only really seen by a user once.

It is important though that it is a simple and seamless onboarding experience. I think

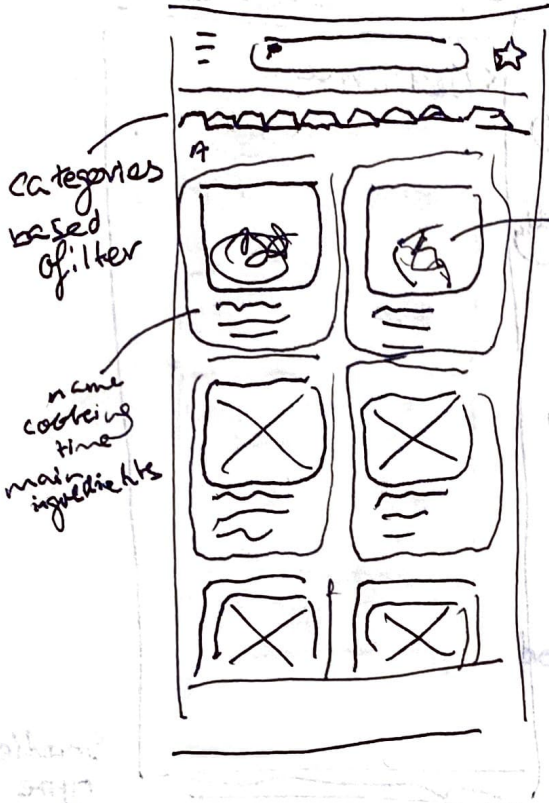
this works well since everything is laid out in a way that isn't

overly complex and should be quick and easy to get through.

The task is immediately identifiable.



recipe page



categories based on filter

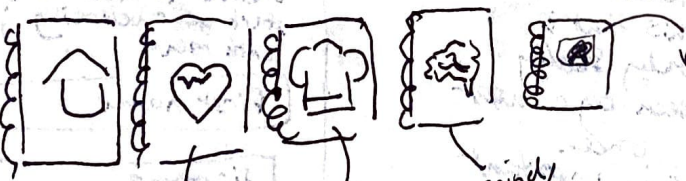
name cooking time main ingredients

simple illustrations

kind screenprint inspired I'm thinking


WHAT ICONS DO I NEED?

in no particular order



nutrition & recipes

mindy brain icon

routine diary profile maybe change it to 

excess icon needs to be something non thinking

on with / forget about productivity

might have to move ~~away~~ to for name

Actually productivity can be in the mind section

icons

might scrap note book idea

home



mind / brain



something like that.



nah.

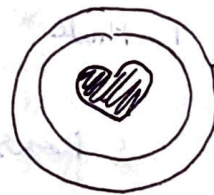
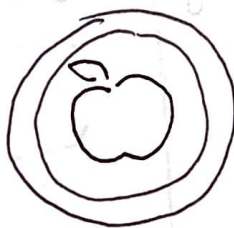
nutrition



chefs  
hate because  
recipes?



I like  
this

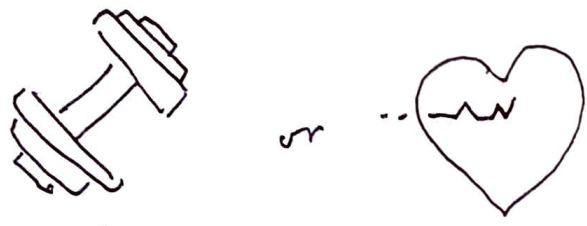


I like  
with love  
;ace.

nah  
just the app I think

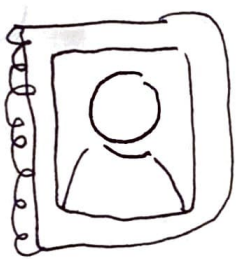
it seems pretty  
synonymous  
with nutrition  
so I can always  
change it if  
user testing goes bad.

Exercise / fitness



This is probably easier to understand

Routine / diary / profile / personal progress



Big in the middle maybe?

OK I think I've figured out

icons.



*[Faint handwritten notes and scribbles at the bottom of the page]*



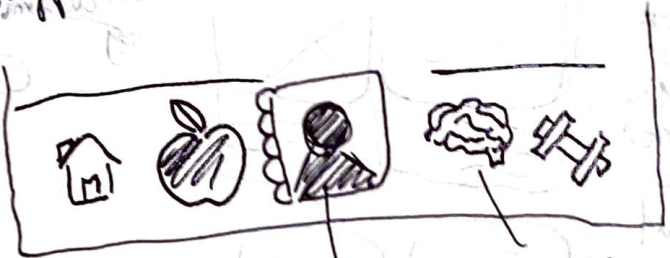
Nutrition section



Search button so like if you thought you were low on protein every article & recipe & resource would come up

Sliding advert thingy from latest stuff

HEALTHY EATING



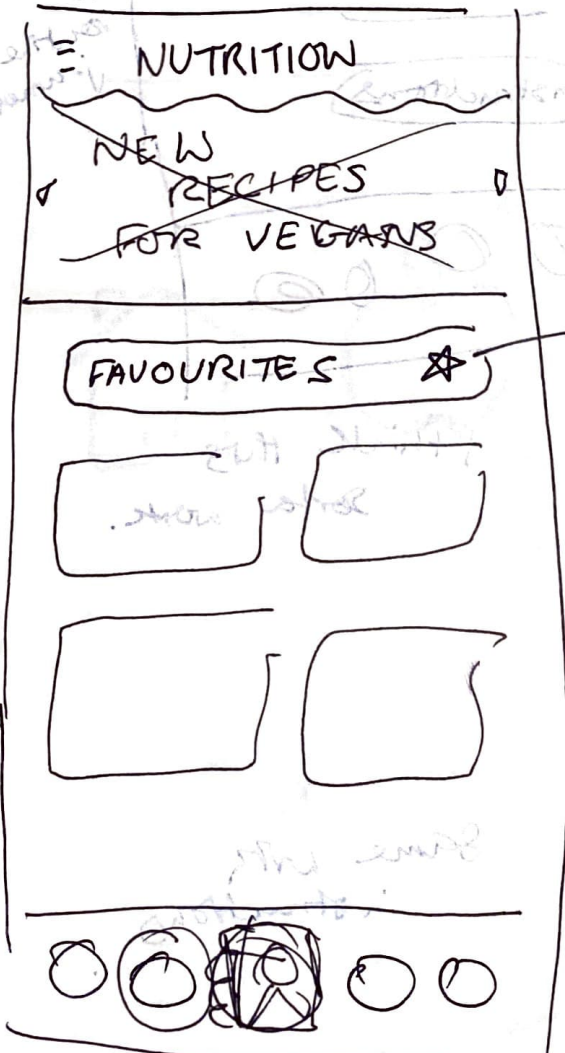
or

I may need to re think this one 😬 nah, like this on



it's really hard to draw a tiny brain :-)

I think it would be good to allow user to insert their own profile image:



all your favourite recipes & tips & stuff?

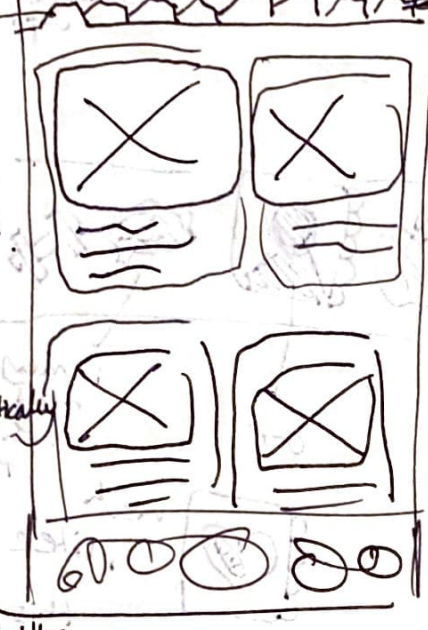


bit of a weird drawing but yeah

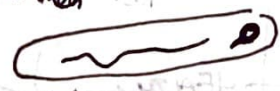
Filter icon

if you tap on it the search bar will open up and replace header.

you can choose how they're sorted here it would be alphabetically but it could also be by difficulty



these sections are determined by



Whatever the Recipe name is

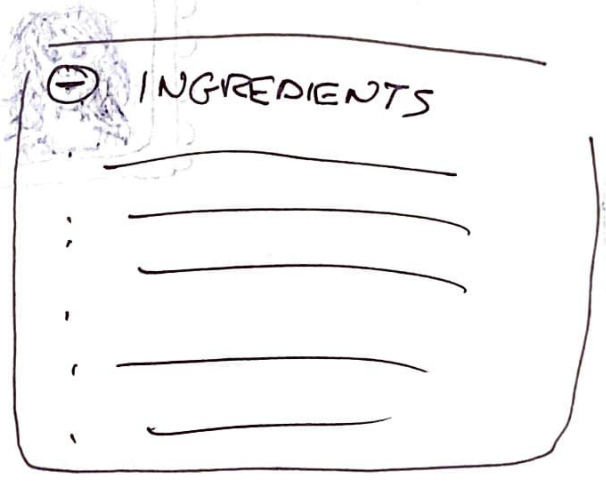


Amount added to route journal.

or actually what if ingredients was a dropdown

Ingredients

I think this sorta work.



same with instructions



HOME



This screen is just an overview of things happening so I'll have a better idea of how to design it once I've figured out everything else.

just buttons for quick access to the different sections

Idk I'll figure this part out later.

might change it to what popular or something I'll need to do more user research.



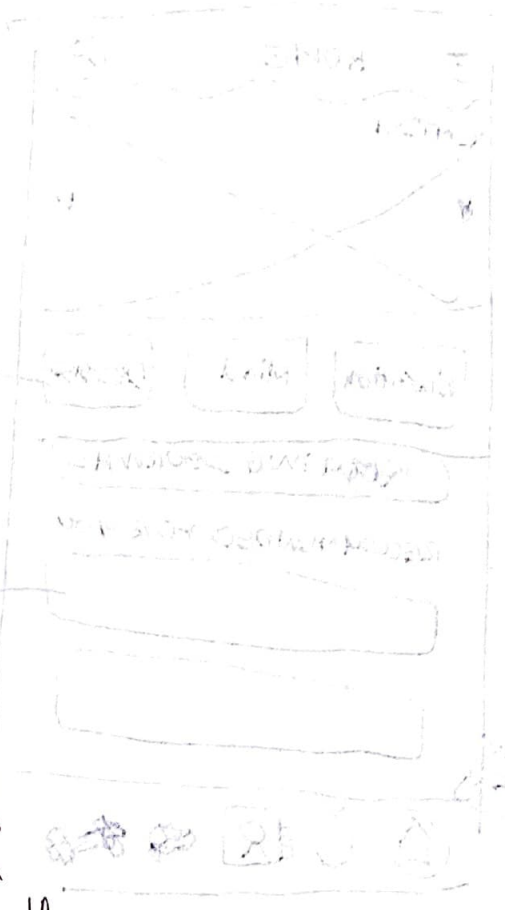
looks too much like apple logo...



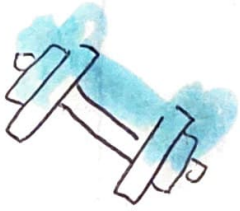




Then when on the screen



fitness/  
exercise  
icon



or



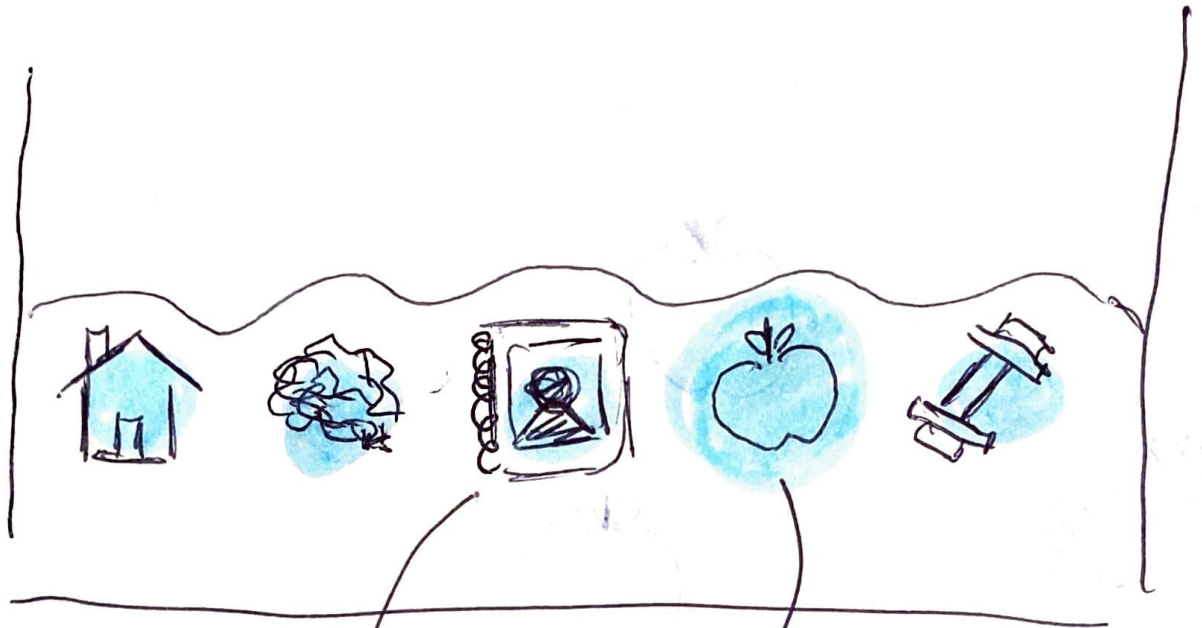
wrong  
coloured  
market



not the  
strong journal  
icon



... something  
i like  
this



I think this button should maybe be a bit bigger than the others.

big circle when button is clicked/tapped.





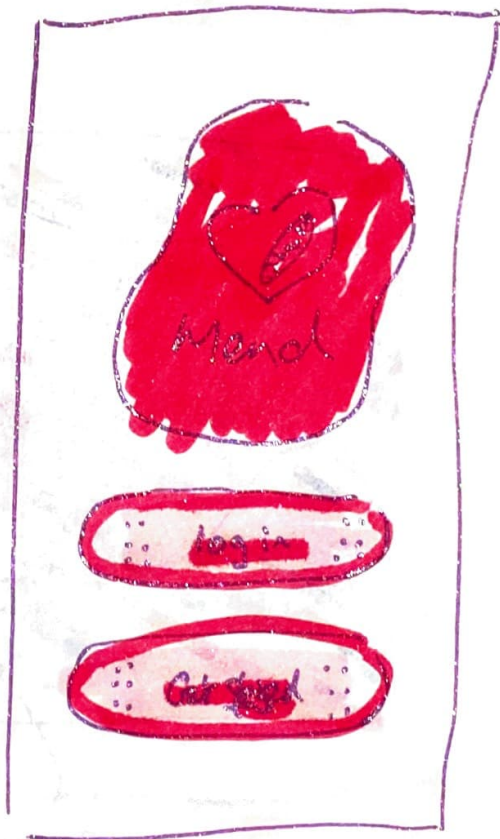
rethinking branding a little



not really feeling the gradients  
and text borders anymore.



Some  
kind of  
vector pattern,  
won't have time  
to design one  
but I'll look  
for a nice  
free one on  
Adobe &  
customize it a bit



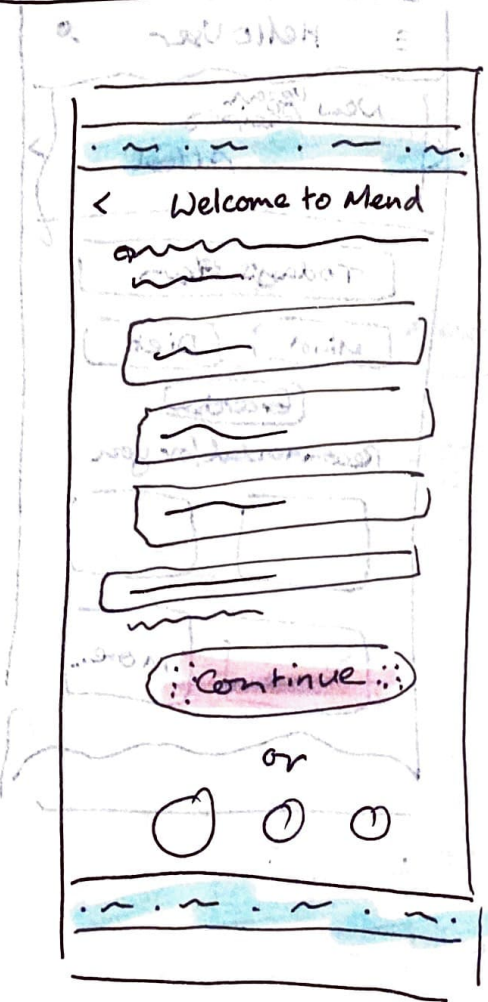
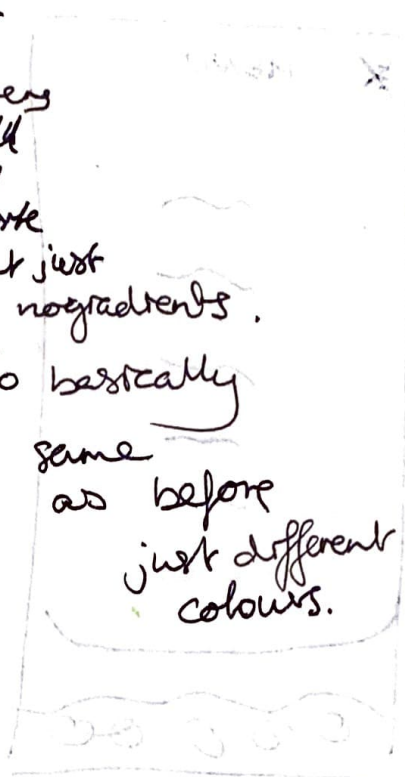
maybe  
not this  
screen.



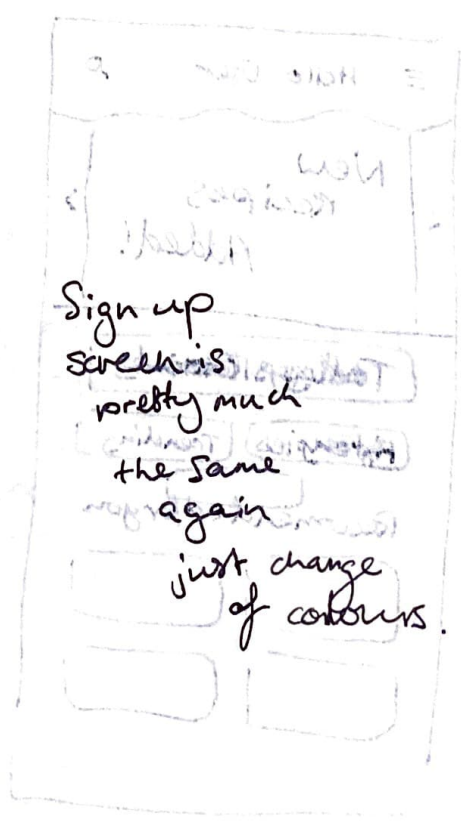


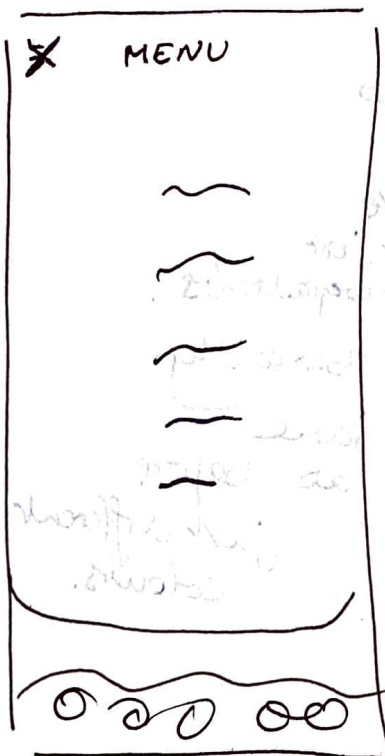
I think these banners will still work but just no gradients.

So basically same as before just different colours.

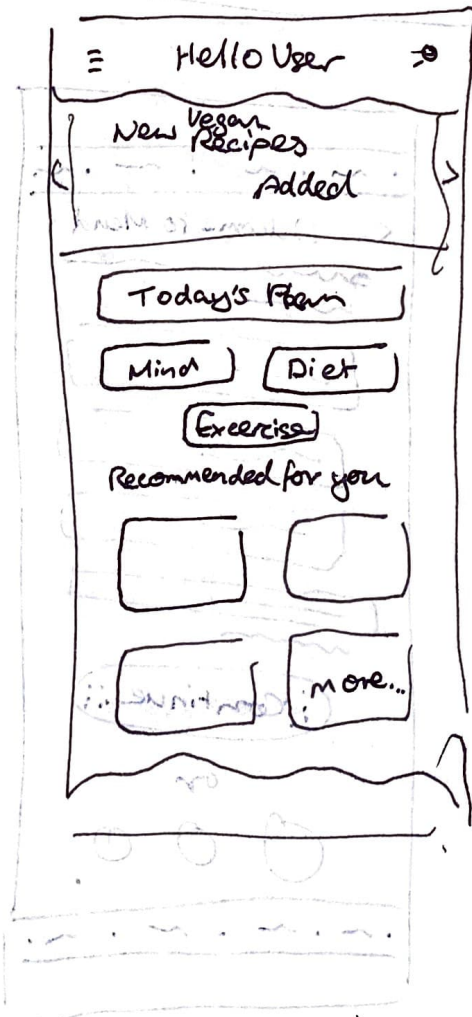
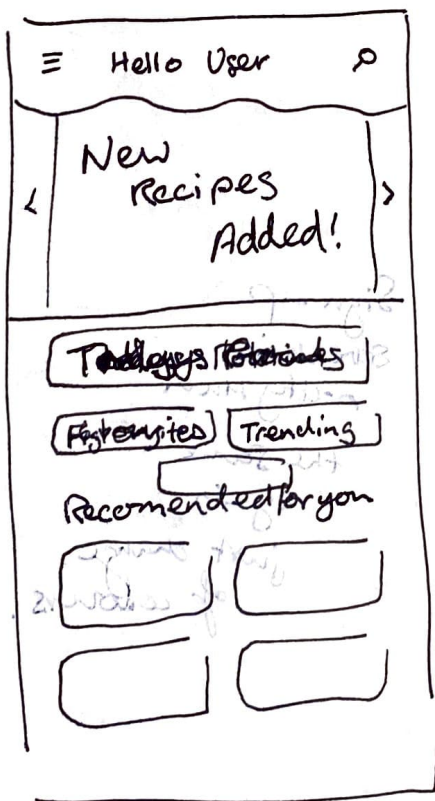


Sign up screen is pretty much the same again just change of colours.

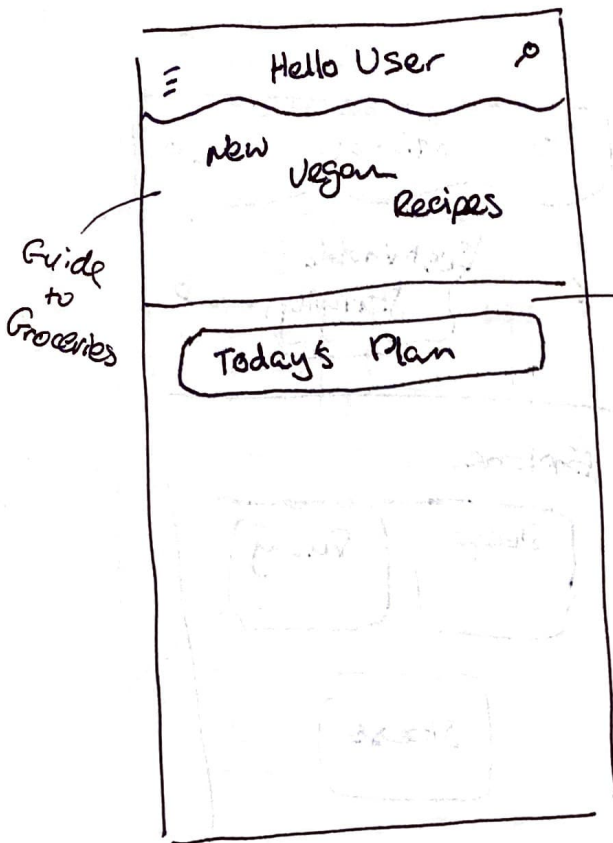




Home







Some narration

like let's keep on top of your routine

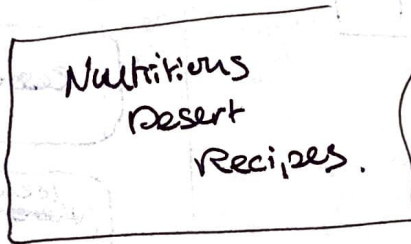
You're doing great at ~~keeping~~ taking care of yourself, <sup>keep it up!</sup> ~~let's keep going.~~

~~You've been doing great at staying~~

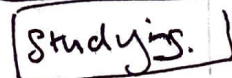
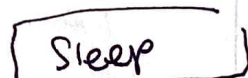
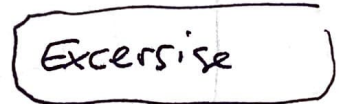
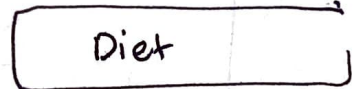
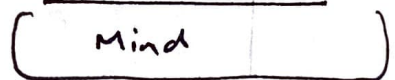
~~You've been looking~~

You're doing a great job looking after yourself, keep it up!

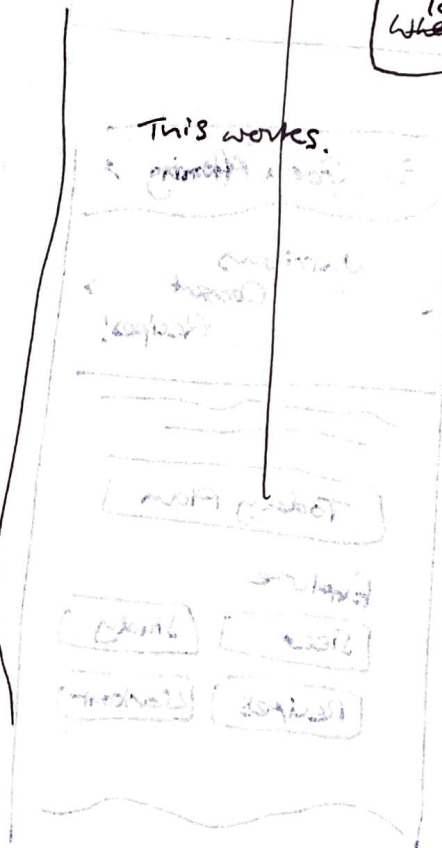
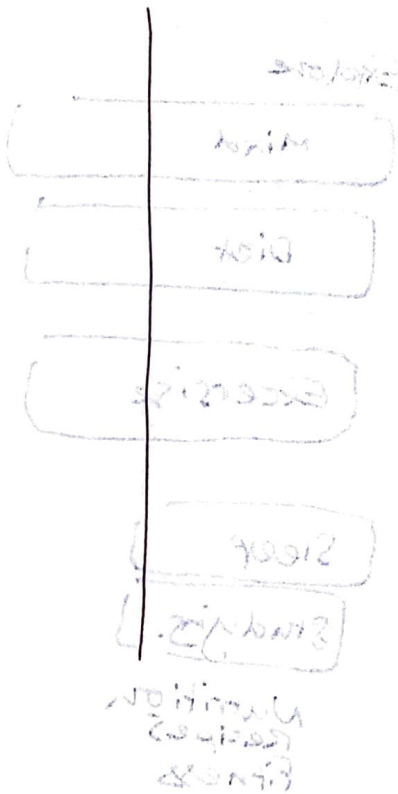
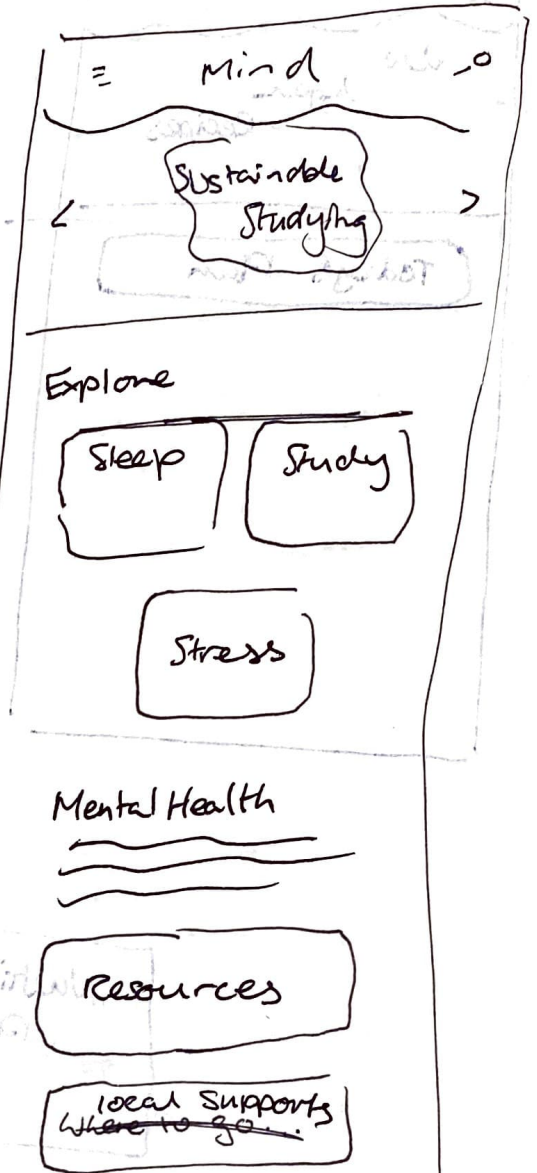
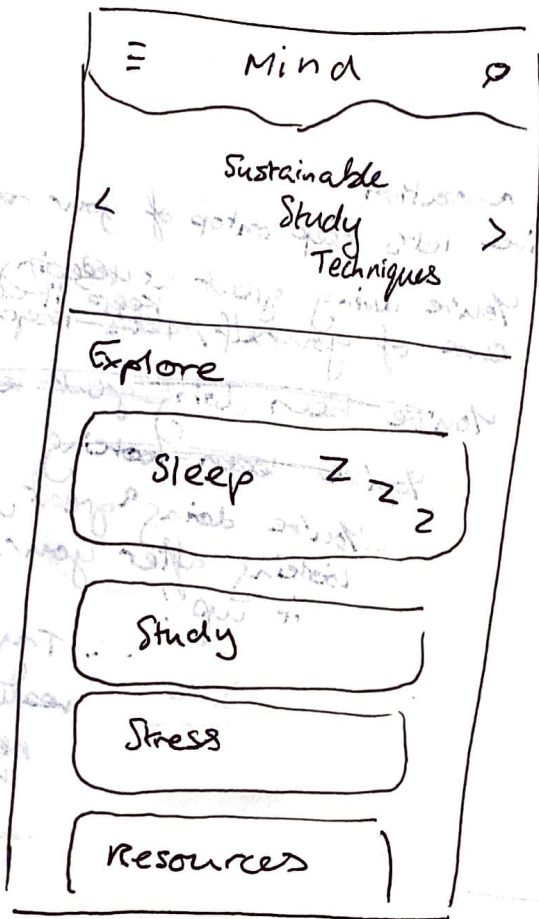
... Trying really hard not to be patronizing.



Explore



Nutrition  
Recipes  
Fitness

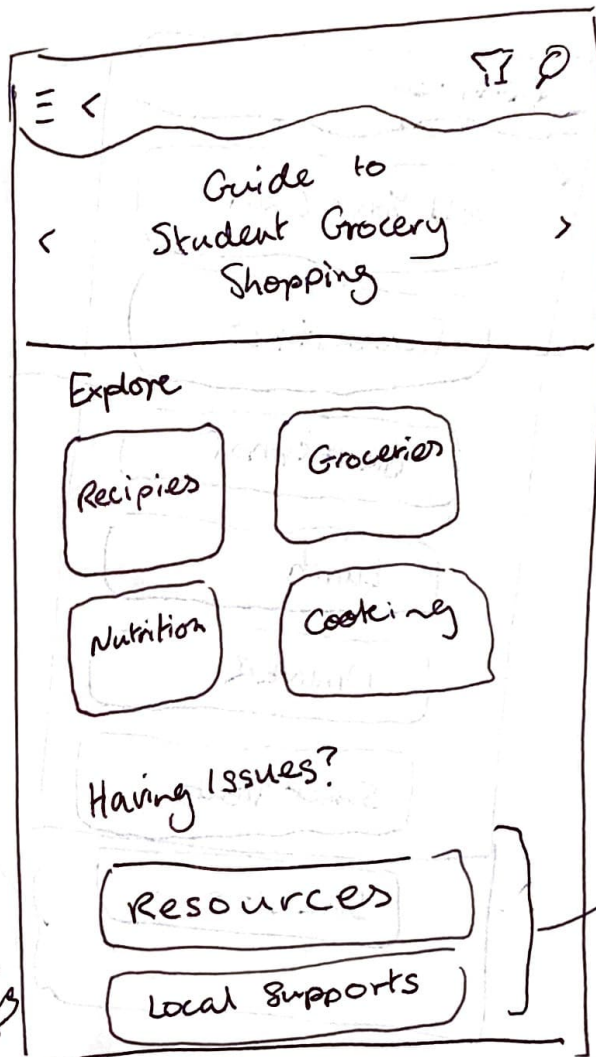






like Project Dna.

UI cards.



for people with ed's

Before that ...



need to encourage people seeking medical help.

"If you're having trouble eating for ~~other~~ mental or physical health reasons it's important you reach out for help."

Helpful Guides & tips for student grocery shopping

more in-depth articles

just short snappy bits of advice.

Simple enough just recipes

Helpful Resources



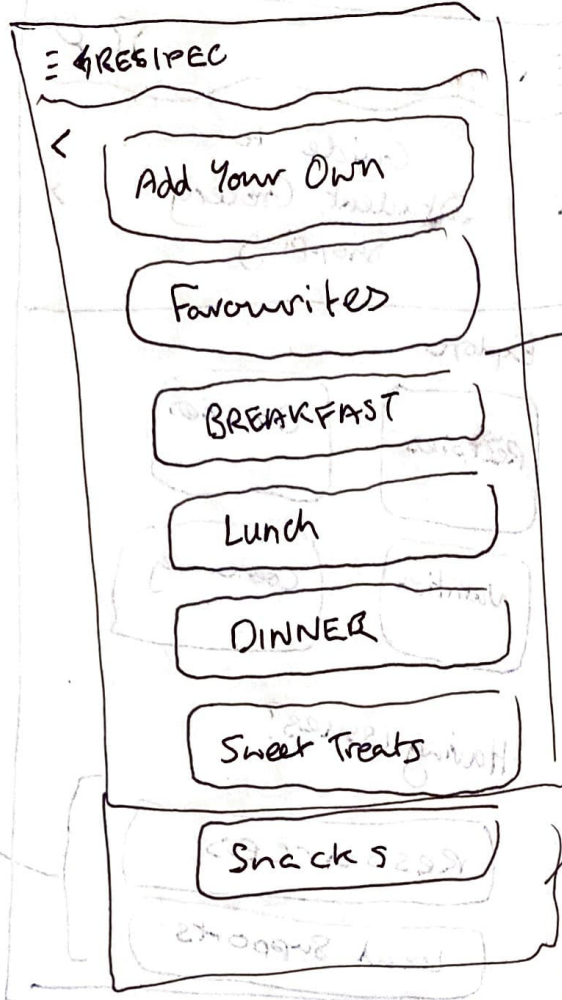
Guides & tips & tricks for eating properly

for learning how to cook and as a student what to be mindful of

Actually I think I'm going to have the explore section focus on different topics



recipe icon



VIEW ALL

or  
at end.

Still a book  
but  
different  
from  
Study  
icon...  
which is



Groceries icon?



Some  
as diet?  
no



the app. So the figure will be a leaf diagram. It's about the kind of protection. Just want to explain.

the you is about core not a student. Because that is the main thing that determines



The dots look good in these positions

not sure what technology... have for these but I'm do a lot of research - figures are

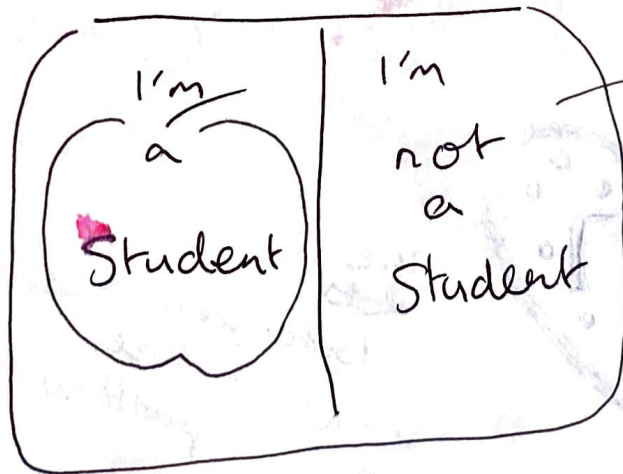


## SOME ONBOARDING

\* I don't want to overwhelm a new user with a bunch of questions ~~they have~~ and instructions right at the start when they'd probably just want to explore the app. So I'm gonna ask one key question

Are you a student ~~or~~ not a student? Because that is the main ~~sort of~~ ~~set~~ thing that determines the content shown to them.

Then the rest of the sort of tutorials/instructions & onboarding questions will be prompted by visiting different areas of the app. That way there's almost ~~a~~ a fun sense of exploration about the onboarding process.

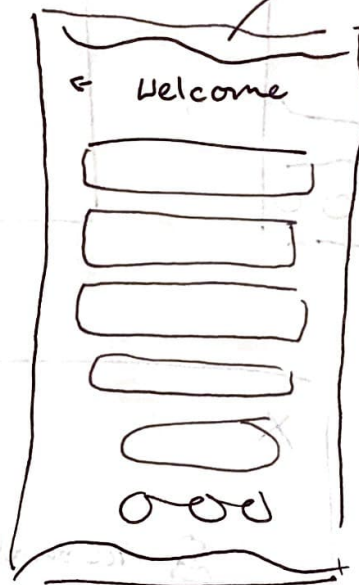
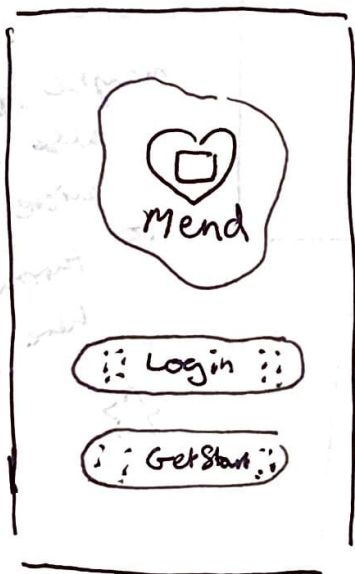


not sure what iconography I'm gonna have for these but I'm do a bit of research & figure out.

Handwritten scribbles and marks at the bottom left of the page.

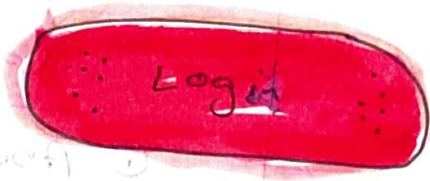


I'm going to design for 2 different user flows in my prototype. One being a new users onboarding and then the returning user to kinda better show some of the features and sections.

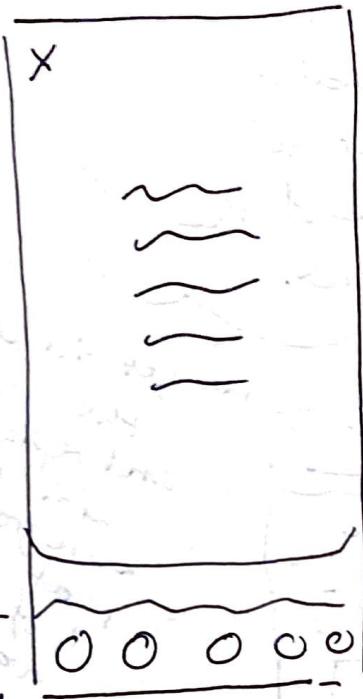


gonna get rid of the banners and replace with the background in that kind of blobby wave pattern.

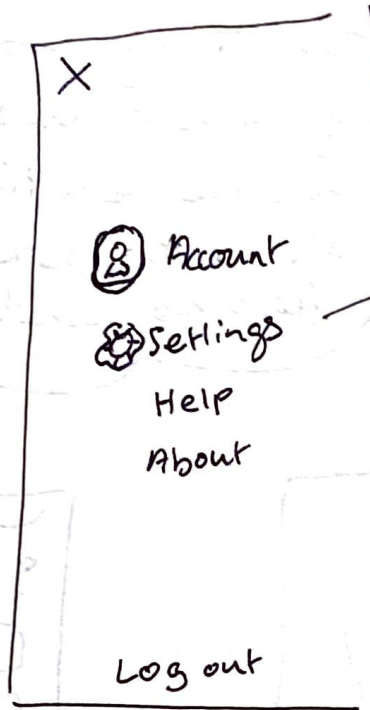
hover state



≡ menu screen

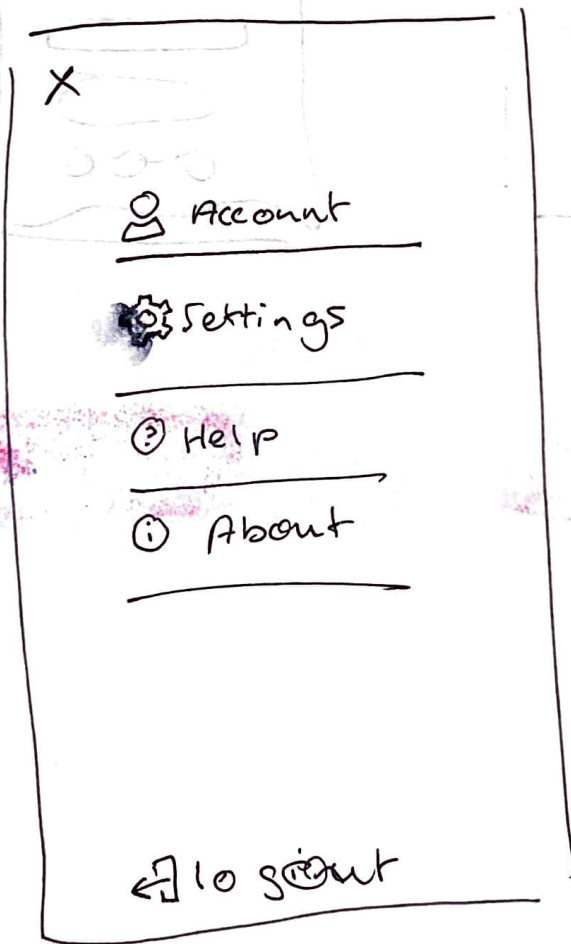


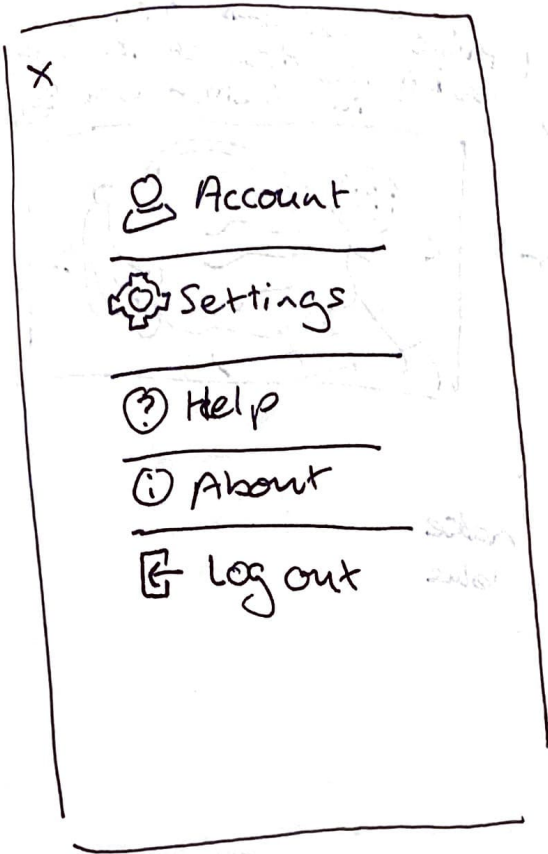
looks  
a  
bit  
weird  
~~that~~



notifications  
will be in  
settings.

maybe ~~add~~  
also add  
quick access  
to  
favourites  
here  
too

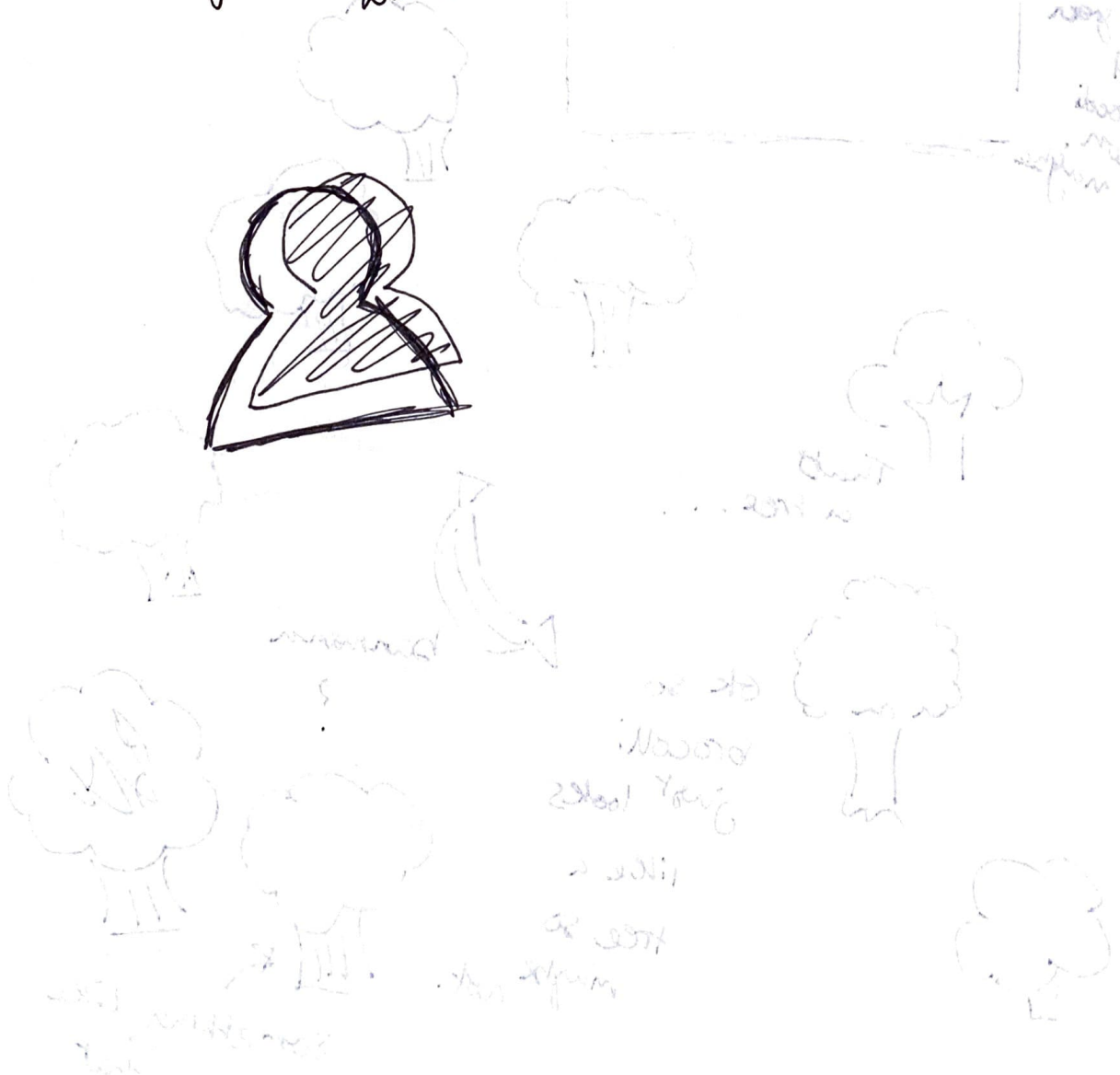




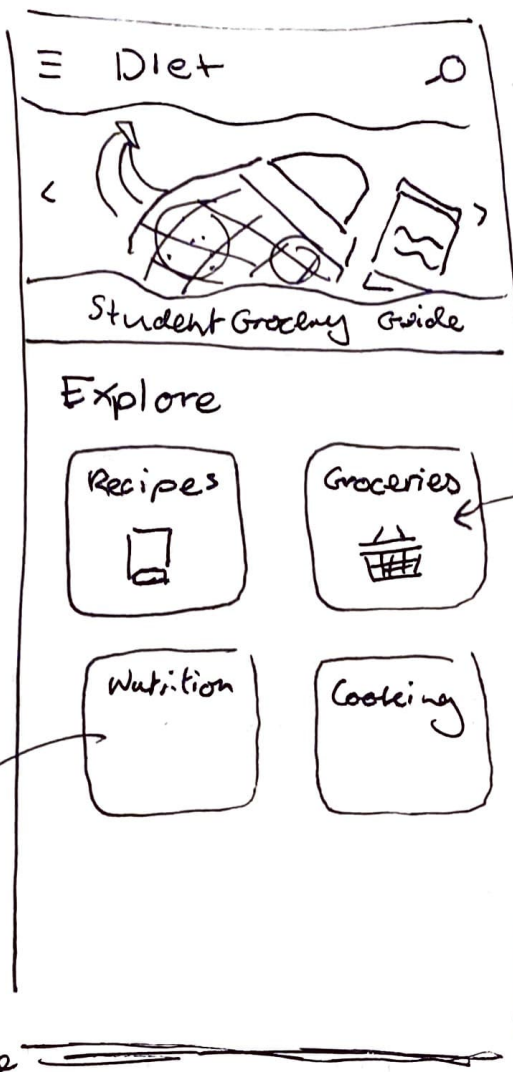
yeah I think this works!



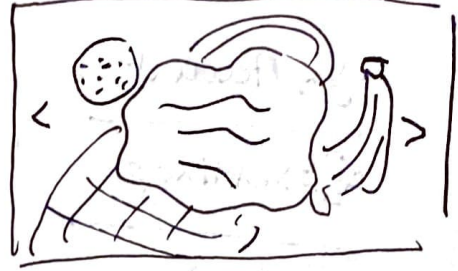
change  
color  
to grey or  
blue  
about  
the  
app







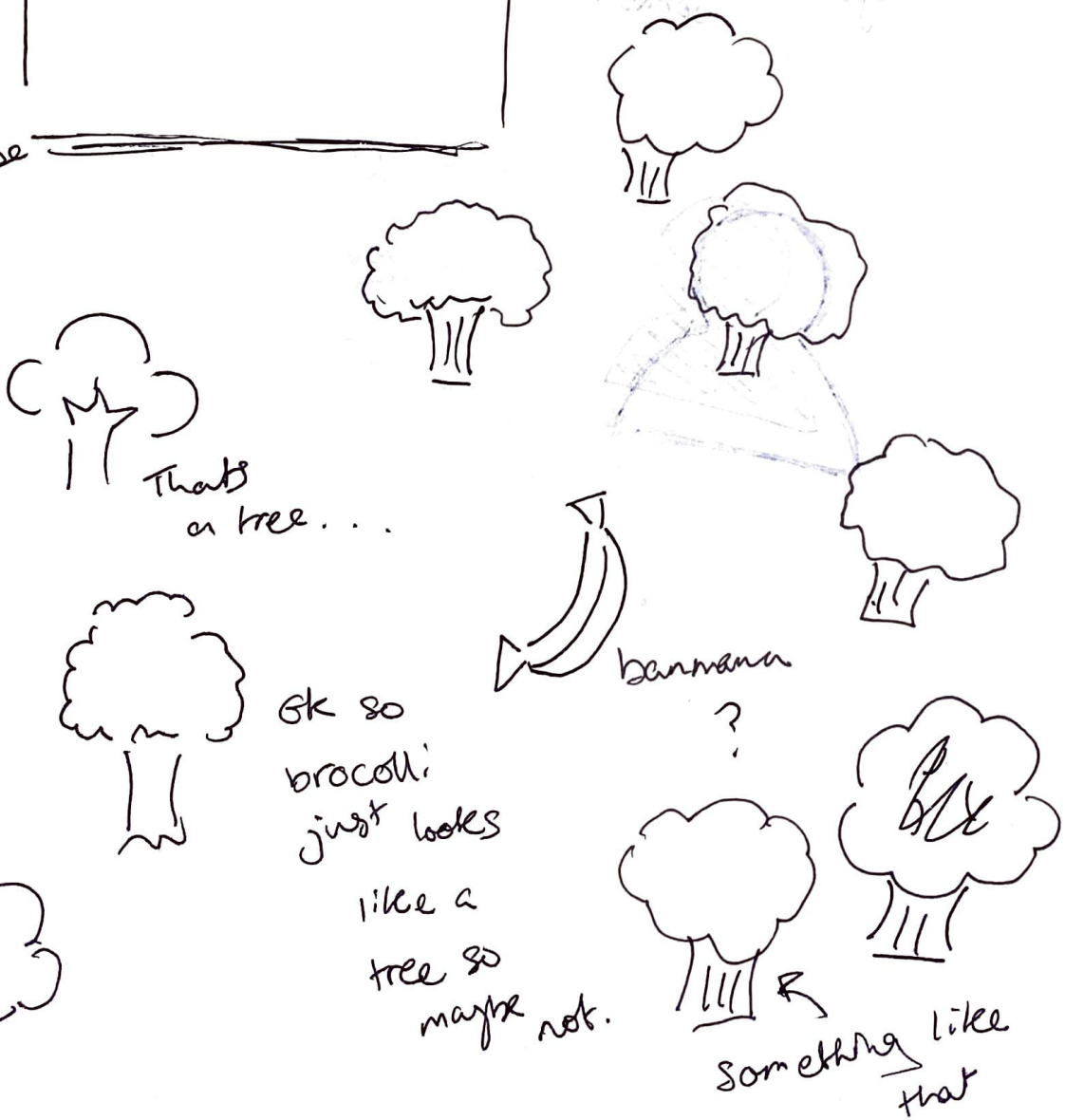
I think Paul was right having the title at the bottom is better actually



or

make blue

Change colour to green and brocoli icon maybe



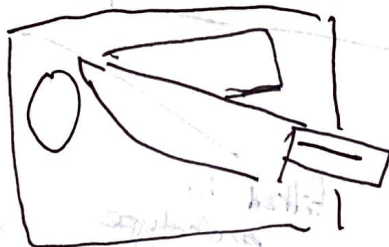
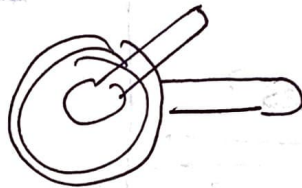
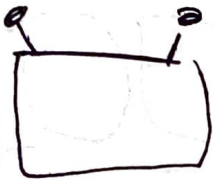
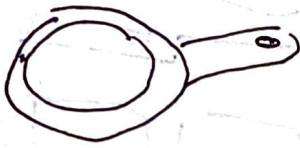
That's a tree...

banana?

Ok so brocoli just looks like a tree so maybe not.

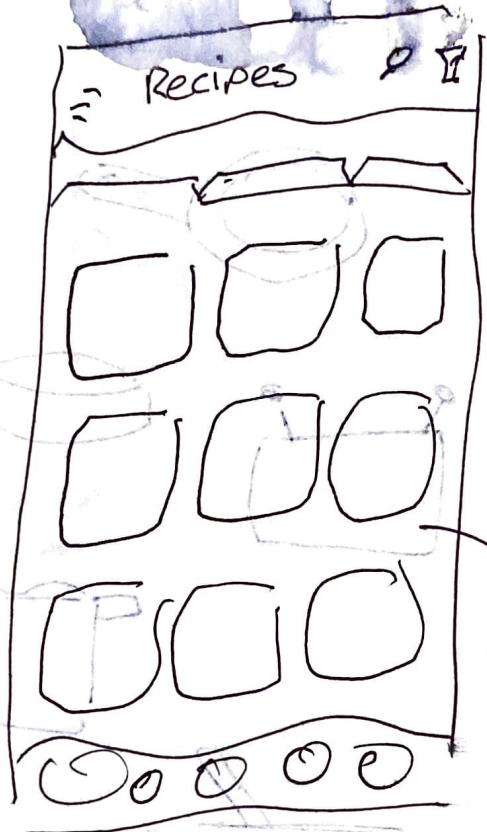
Something like that

looking icon.



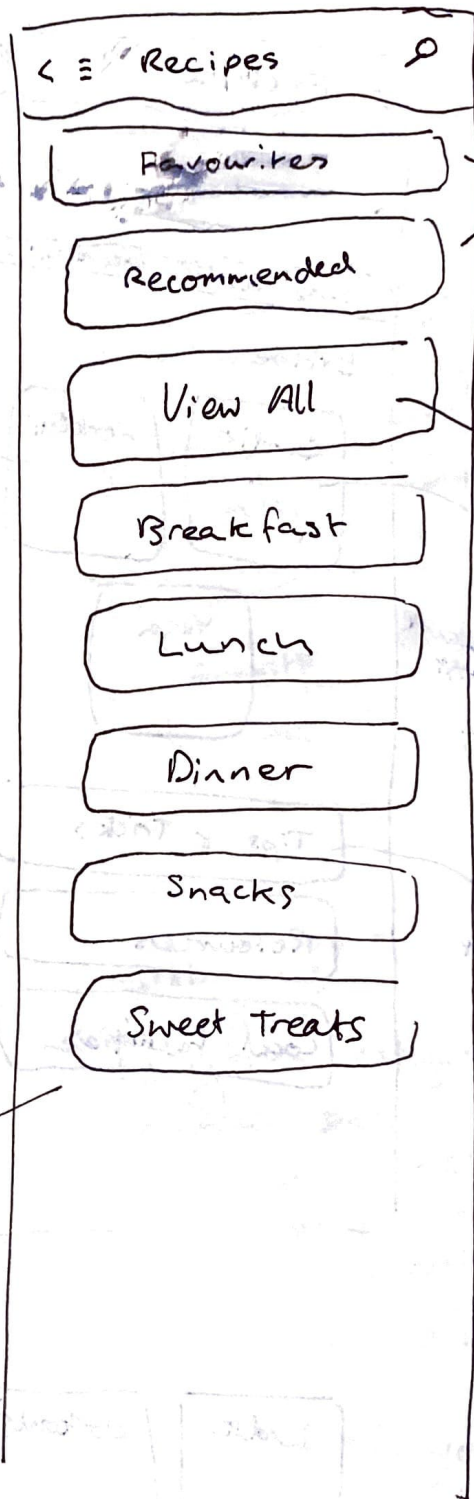
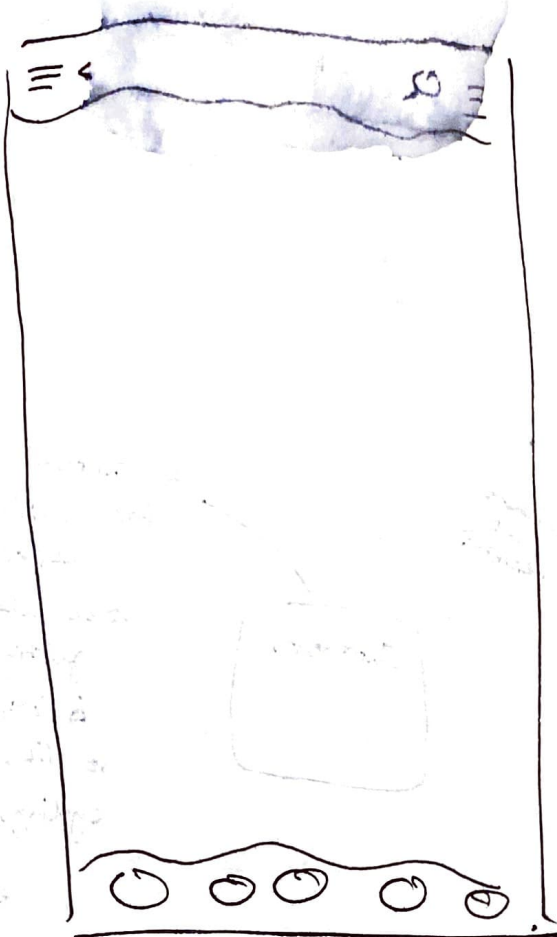
I think I'm gonna  
go with this...





filtered in  
prototype  
as favourites  
by how frequently  
they cook  
them.





curated content easiest to get to.

at top like on most shopping sites menus I've seen.

I think this is enough categories.

Information page

Category page

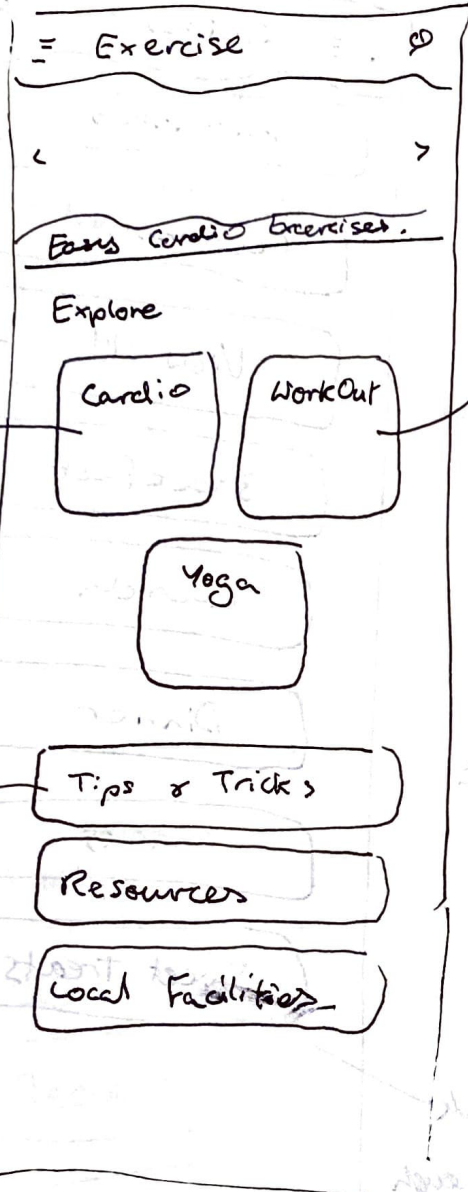
Recipe page

Recipe card 1

Recipe card 2

Recipe card 3

Recipe card 4



cardio is its own section because its the most important exercise.

same as recipes

maybe cut out tips & tricks.

a section for outdoor activities because getting outside is important so like cycling, hiking locations outdoor gyms etc.

Other activities

tips for dancing for fitness martial arts, hula hoops, swimming etc.

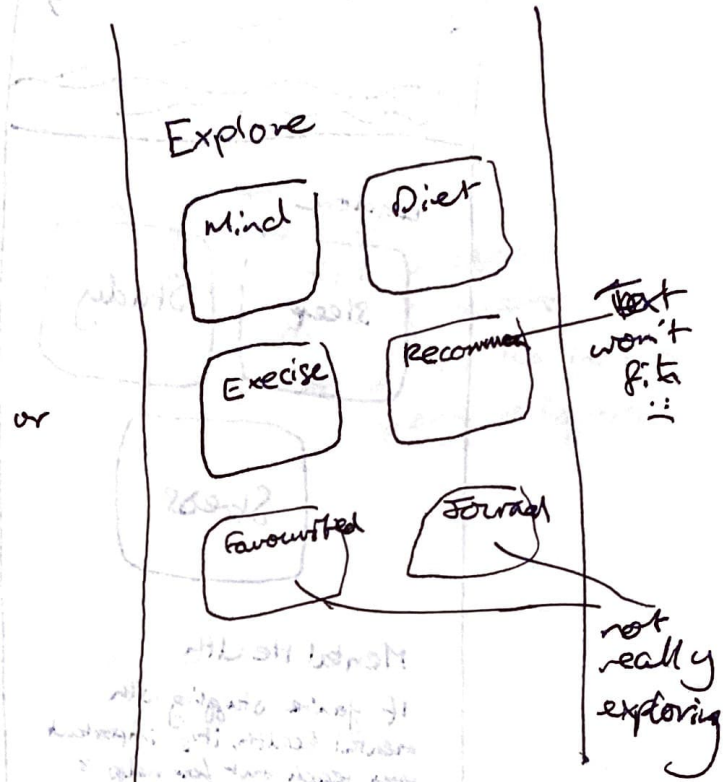
Other Fun activities

Fun activities.

because everyone needs exercise but not everyone wants to work out.

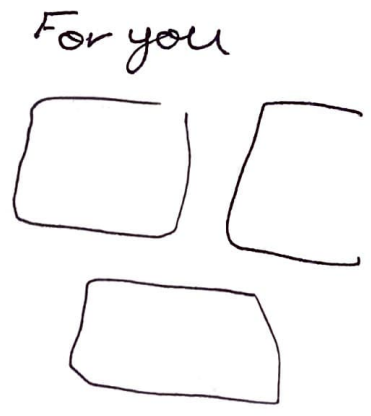


Home screen.



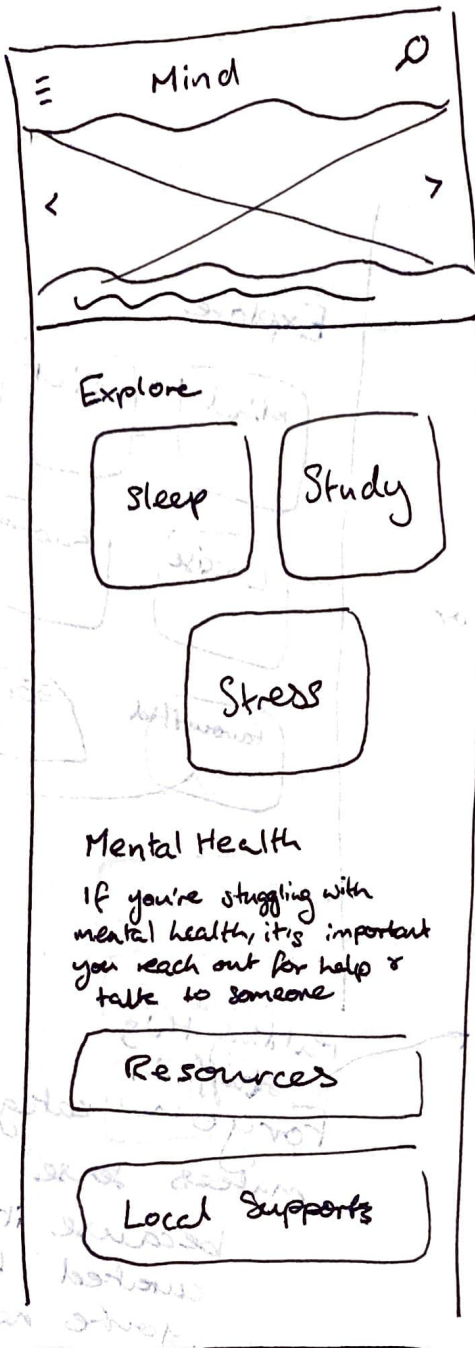
or

Putting this stuff in For you category makes sense because its curated to you you're not really exploring.

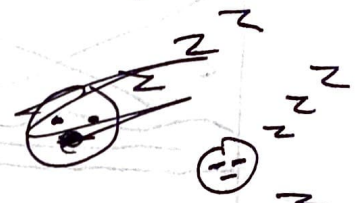


going with this because the words are too long for those square boxes.





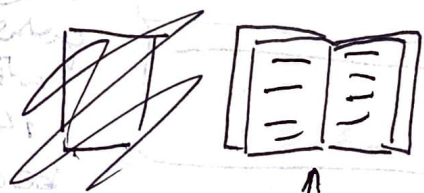
sleep icon



this I think

Study icon

Easy enough just a book



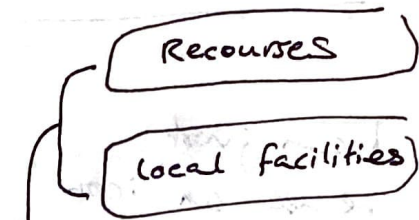
↑ something like that.

Stress icon

Kind of a hard ~~feeling~~ to articulate through iconography but I think a thunder bolt or thunder cloud would work



this u do.



not really  
sure if there  
are that necessary  
on this screen  
make in the individual  
explore categories.

yeck I'm  
just gonna  
leave it  
at that,  
it works.

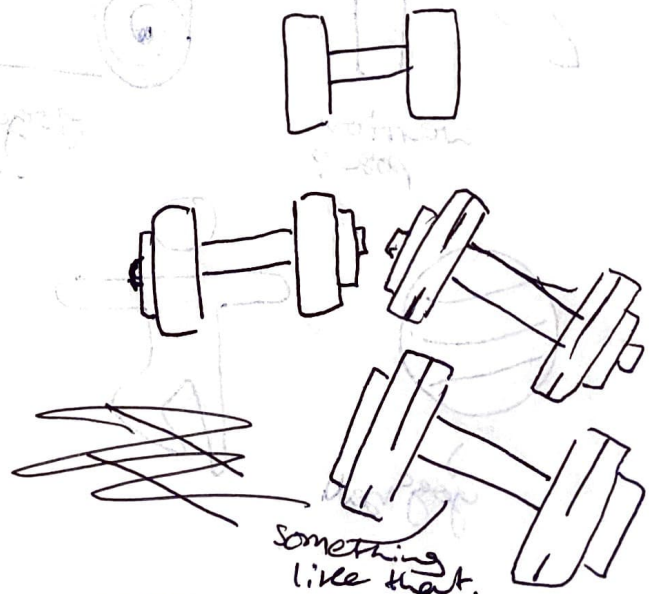
Cardio icon



Same  
as exercise  
but it is  
also accurate  
for cardio.

Workouts icon

Dumbbell



something  
like that.

# Outdoors

I can just reuse an icon for outdoors I made already...



something like that

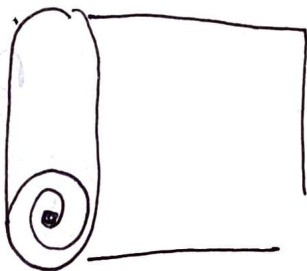
# Yoga Icon



lotus is synonymous with yoga



warrior pose?



yoga mat? ... maybe not,



yoga ball

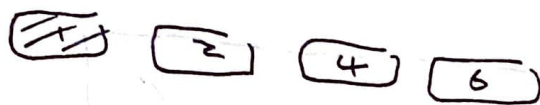


I quite like the lotus and I think it'll fit well with the rest of the icon set so I'm gonna go with it.



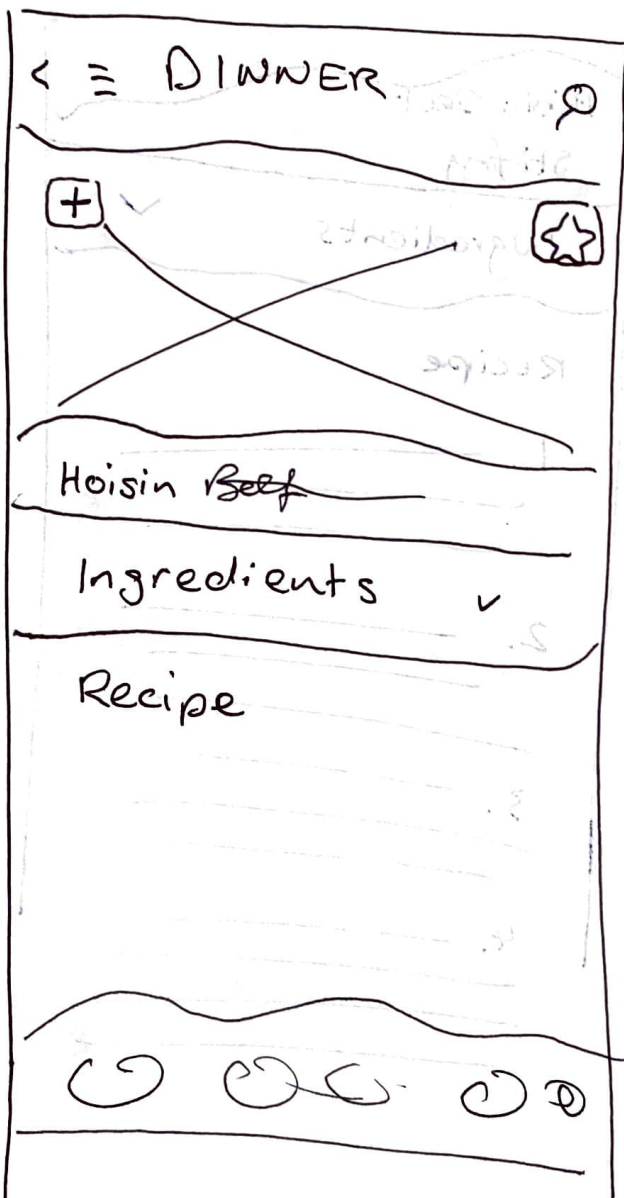
recipe

serves



Toggle, tap number

to change ingredients list.



< ≡ Dinner 🔍

---

☆ +

---

Hoisin Beef  
Stir Fry

---

☆ Ingredients ✓ +

---

Recipe

1. \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

2. \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

3. \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

4. \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

---

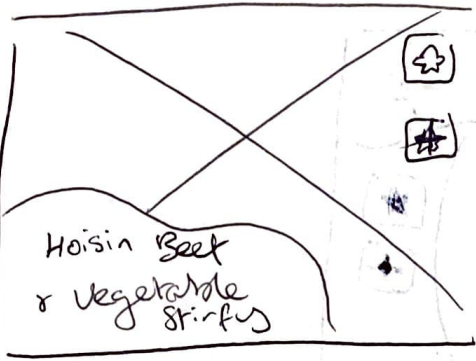
○ ○ ○ ○ ○

or

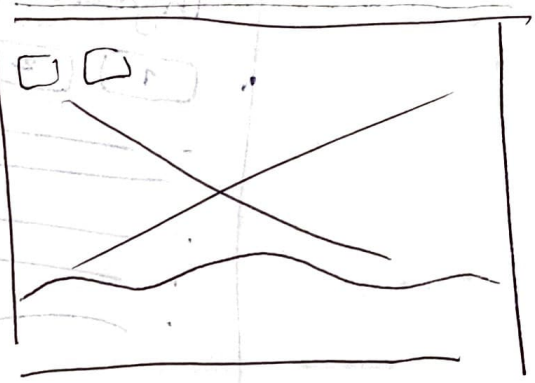
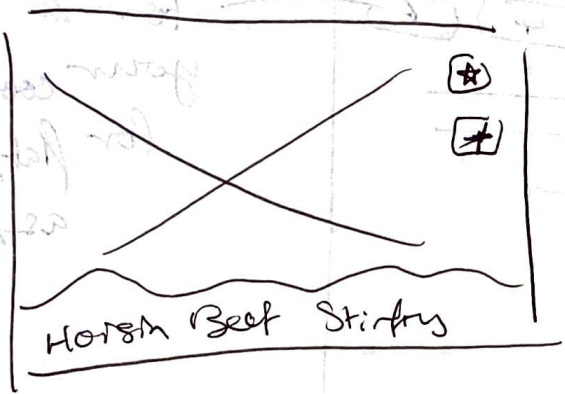
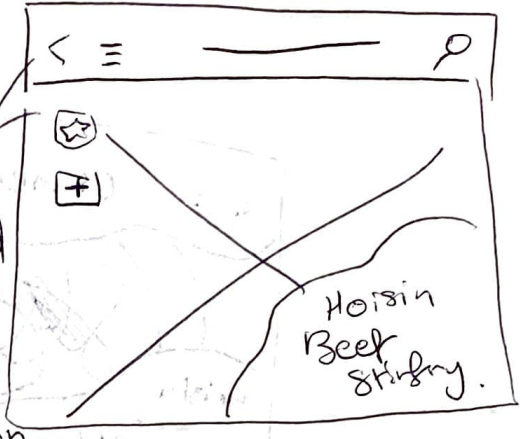
- ☆
- +
- 9
- +
- ☆

gotta be balanced :)

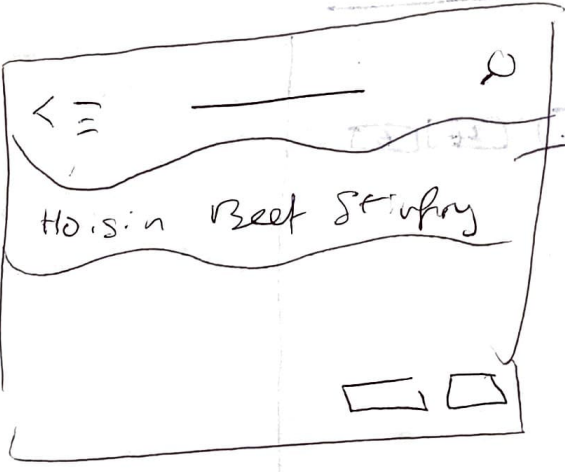
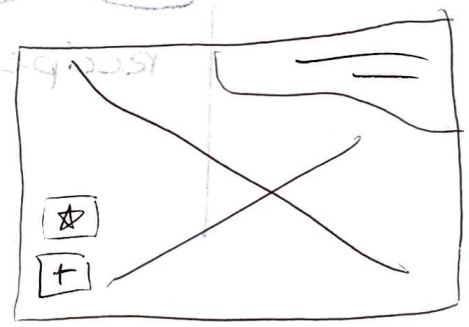
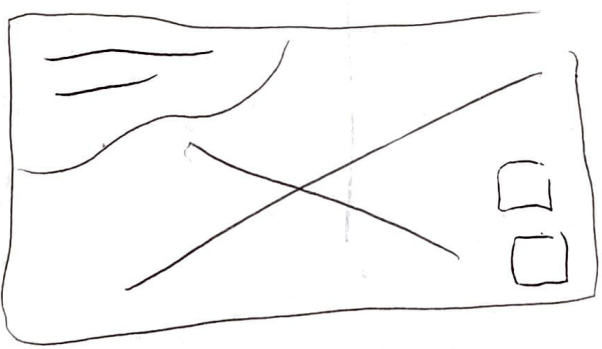
I'm thinking this one or



don't like then placed close to back button



this one.



Shape clashes with top nav and just isn't.

very nice layout.



