

My photos show different places where water is shown including Beaches, lakes, forests and a bath. The photos show a variety of different emotions through the colours and atmosphere. The ones of my younger sister in the bath are dark and full of strong emotions that give off a sense of anxiety as she is shown in a limited space appearing as though she is stuck and is unable to move isolated in her thoughts. I used my younger sister to represent my younger self as I grew up with a lot of fears and struggles.

I think the photos of the lake and the swans represent this as I became quite depressed and in a sort of dissociated state although it felt peaceful as I didn't care as much about things that affected me so much before. I think these photos capture this well as it is isolated and dark but the water is calm and still. At the time I found peace in darker places and felt better when outside was dark or rainy. These photos remind me of that time as I coped by going on walks in this exact place which helped me think through things clearly these photos feel like a comforting sadness to me.

According to

https://repository.uksw.edu/bitstream/123456789/7300/2/T1_112009081_Full%20text.pdf (2013) Writer Taufiqi Galih Utomol wrote an examination on The Bridge To Terebithia it is explained that a tree is a source of life and togetherness and that the idea of separation death can be symbolised through a broken tree. Taufiqi argued that trees are inextricably linked to water, and that water is the universe's lifeblood and the source of all life, and that the meaning of the mountain and the river cannot be separated under the same concept. Without water trees would never live as trees are associated with water as water is an original symbol of life, the blood of the universe that gives birth to many living creatures. Taufiqi concluded that the meanings of trees, mountains, streams, and rivers are always connected to the concepts of life, holiness, and spiritual potency. I think the dead tree in the water could possibly reflect a personal meaning for me in this context as this dark place I was in (represented by dead tree disappearing in the water) made me realise more things in depth and helped me understand and accept the deeper truths of my life and my past, helping me develop emotionally. The swans can also symbolise a variety of things.

According to <https://www.reflectionpsychology.com.au/our-practice/the-swans#:~:text=A%20swan%20has%20often%20been,dealing%20with%20others%20and%20commitment>

The swan symbolises wisdom, strength, balance, grace, inner beauty, innocence, self esteem, spirituality, evolution, intuition and commitment. It is a Celtic symbol for the soul. Swans glide through the water gracefully reminding us to move gently and not fight against life. They skim the water, dipping their long necks and heads in and out. Water is linked to intuition and emotion following the swan's example, we learn how to view our emotions without getting trapped by them. I think the representation of the swan represents this well as I went through a lot of changes and acceptance within myself which I think helped me grow and become more confident.

The photographs of the sea are bright and colourful and give off happier vibes. They have a playful and nostalgic feeling to them, which I think could represent healing of the inner child. The sea is large and deep possibly representing freedom and a sense of hope for the future. I think my photos show the pro