

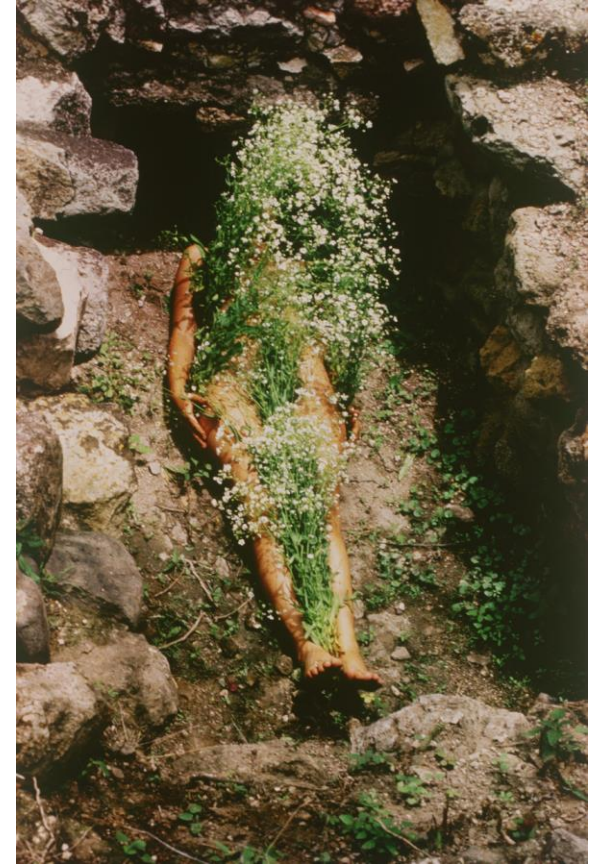
Performance art is
intimate and significant.

SARAH MCDONALD.

Artists who are significant in the art world for their performances.

Ana Mendieta

Marina Abramovic



Why I think Ana Mendieta is influential and unique.

Ana Mendieta wanted everyone to relate and be touched by her work. Ana is best known for her Silueta series 'Traces,' where she created silhouettes and body prints in nature. Ana used her body as a medium to explore the relationship between the female body and the natural world. Ana sought to create a connection between her body and the earth, and to explore the ways in which the natural world can be both nurturing and destructive. Her performances often involved her painting with blood, lying naked in the grass or covering herself in mud or flowers.

Why I think Marina Abramovic is influential and unique.

Marina Abramović pushes her body and mind to extreme endurance levels for her performances. Her most notorious performance is "The Artist is Present." For this, she sat for nearly three months, for eight hours a day and she met the gaze of 1,000 strangers.

Marina challenges both herself and in many instances, the participants both mentally and emotionally with her work. For example, many of the people that sat with her left in tears with how moving it was in her prolonged stillness and silence.

The preciousness of performance art.

A defining characteristic of performance art is its unlike other forms of art in terms of longevity as it's not designed to last forever. It is a close and intimate experience between viewer and artist.

This form of art expression is a live and personal event that is experienced in the moment, and then it is gone.

Performance art can take many different forms, from the use of the body to create patterns and marks and in movement and dance as a form of expression. This can be an immersive experience for the audience as they can watch the process behind the unfolding of a piece of work.

Reasoning for why I believe performance art is such an important part of the art community.

Artists that use their bodies, materials, and environments to create exciting works of art, have helped us to see the world from a new perspective and to appreciate the beauty and complexity of the world around us.

It is a unique and powerful form of art that has been used to explore a wide range of themes and issues, from politics and social justice to personal identity and the human condition. As performance is so expressive, the artist can be raw and heartfelt about the message and experience they want people to have.

Ways that I've incorporated performance into my own work.



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